

NEED HELP?

Los Alamos Juvenile Justice Advisory Board (JJAB) supports many youth and family programs to help you when living with a teen becomes a challenge.

The JJAB Programs listed below are FREE through Los Alamos Family Council (662-3264) and Family Strengths Network (662-4515).

Los Alamos County parents may refer their teen to any of the listed programs.

All programs honor complete confidentiality.

Additional information is available on the JJAB website, www.losalamosjjab.com.

If you are concerned because your teen is.....	Good programs to choose....
<ul style="list-style-type: none"> ● using drugs or alcohol ● starting to use drugs or alcohol ● smoking 	<ul style="list-style-type: none"> ● Life Skills Group (call 662-3264) ● Substance Abuse Assessment (662-3264) ● Choices Class (662-3264) ● Smoking Cessation Class (412-1872)
<ul style="list-style-type: none"> ● choosing very questionable friends ● ditching classes ● failing one or more subjects ● without any motivation or future goals ● breaking family rules or making poor choices 	<ul style="list-style-type: none"> ● Envision Your Future (boys only) (662-4515) ● Girl's Circle (girls only) (662-4515) ● Choices Class (662-3264) ● Family Solutions (662-4515) ● Mental Health Assessment (662-3264)
<ul style="list-style-type: none"> ● depressed, anxious and/or stressed ● angry and/or defiant ● running away or staying out all night ● threatening you or siblings or has actually harmed you ● always arguing with you when you try to discuss anything with him/her 	<ul style="list-style-type: none"> ● Envision Your Future (boys only) (662-4515) ● Girl's Circle (girls only) (662-4515) ● Family Solutions (662-4515) ● Mental Health Assessment (662-3264)