



Circle of Security[®] PARENTING SERIES

All parents feel lost or without a clue about what our child might need from us at times.

Join us, with facilitator Brandi Seekins, MSW, for a **FREE** 6-week early intervention parenting program designed to:

- Understand your child's emotional world by learning to read the emotional needs
- Support your Child's ability to successfully manage emotions
- Enhance the development of your child's self-esteem
- Honor your innate wisdom and desire for your child to be secure.

When: Thursdays, March 7 – 21 & April 4 – 18

Where: Family Strengths Network

Time: 6:00pm – 7:30pm

FREE CHILDCARE PROVIDED

This class is for parents of infants, children and adolescents, foster and adoptive parents and parents-to-be – or any people who are involved in the raising of a specific child or children, such as step-parents, grandparents, etc.

Space is limited. To register, visit our website at www.lafsn.org. Parents should plan to attend all six sessions in full. Again, childcare is offered, so please let us know so appropriate arrangements can be made.

Feel free to bring beverages and food (brown bag dinner). There is a refrigerator and microwave available for use. Dress for comfort and in layers as the room temperature can fluctuate.

For more information, contact facilitator Brandi Seekins, MSW at 253-278-9771 or b.seekins@hotmail.com

