



Are you the dad of a teenager?

Join our parent group. This group get together is focused on making connections with other dads who can relate to raising a teenager.

Facilitator Tony Stidham will lead group discussion and offer skills to put those connections to good use.

Topics will include managing conflict, validation, the power of a good question, and listening and prioritizing.



**Share your experiences
with other dads**



**Learn from other dads
in a supportive forum**



**Build skills to raise
independent kids**

**8 week, in-person small group
Wednesdays, Sept 16 - Nov 4
5:30 - 7:00 pm**

Register at www.losalamosjjab.com/events