



Are you the dad of a teenager?

Join our online parent group. This group get together is focused on making connections with other dads who can relate to raising a teenager.

Facilitator Tony Stidham will lead a group discussion and offer skills to put those connections to good use.

Topics will include managing conflict, validation, the power of a good question, and listening and prioritizing.



**Share your experiences
with other dads**



**Learn from other dads
in a supportive forum**



**Build skills to raise
independent kids**

Video sessions
Mondays, April 27th - June 15th
5:30 - 7:00 pm

Register at www.losalamosjjab.com/events