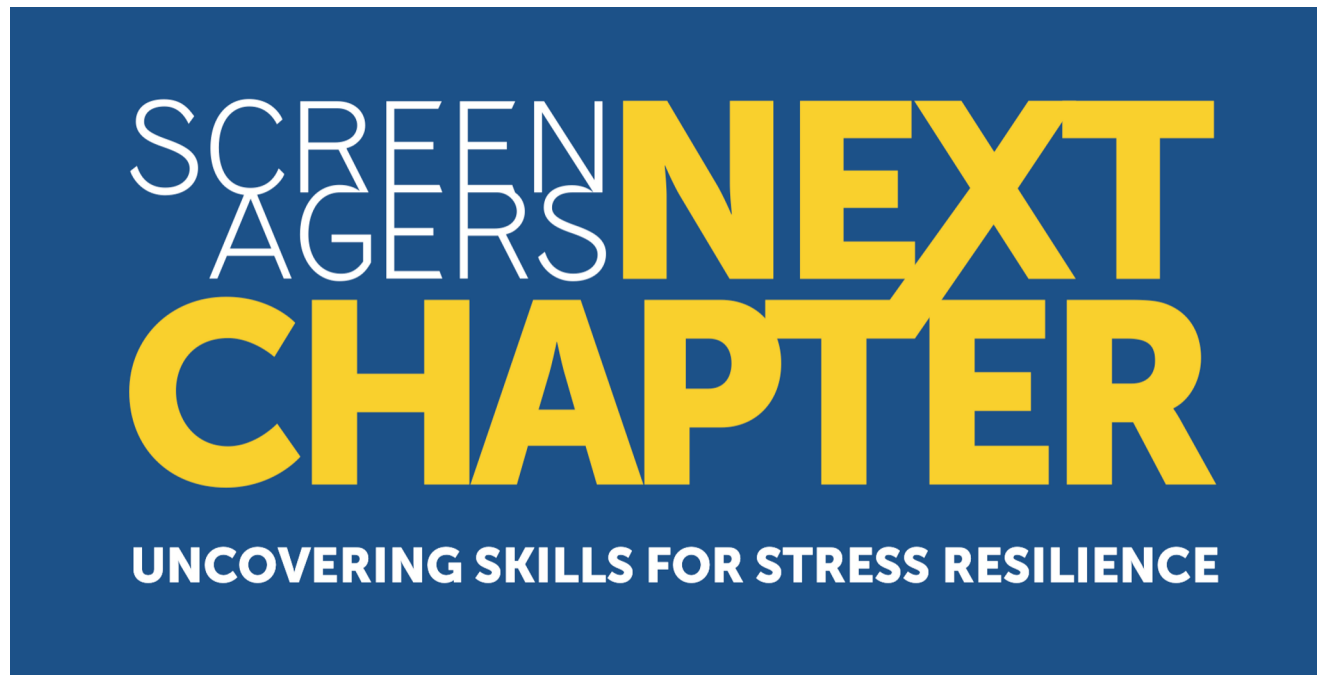


Los Alamos JJAB and Los Alamos Public Schools
present

PARENTING UNIVERSITY

featuring



High stress, anxiety and depression are experienced by millions of young people. Follow physician and filmmaker Delaney Rushton as she discovers solutions for improved adolescent well-being in the digital age.

Parenting University is a free workshop for parents and caretakers. This session will feature a viewing of the film followed by solution focused discussion and activities.

Saturday, October 19, 2019

UNM-LA Campus, Building 2

8:30 - 9:00 am: Sign in and light breakfast

9:00 - 11:30 am: Film screening and program

Register at www.losalamosjjab.com/events

Free childcare available for ages 0-10

