



Youth Mental Health First Aid Course

The Youth Mental Health First Aid course is designed for adults who regularly interact with young people, ages 10-18. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

Friday, November 22, 2019

UNM-LA Campus, Building 6, Room 631

8:00 am to 5:00 pm

Register at www.losalamosjjab.com/events

Continental breakfast and lunch will be provided.

Instruction and materials are provided through funding from:

